

## #110 HEALING A BROKEN HEART TOWARD GOD

**Q:** "I'm afraid to pray anymore, because the more I pray the worse things get. I try to serve the Lord and do all the right things but my life is falling apart, I am not seeing God's promises and it just isn't fair."

HEBREWS 6:10 "For God is not unrighteous to forget your work and labor of love, which ye have shewed toward His name, in that ye have ministered to the saints, and do minister."

**Q:** "It helps me to know that God has not forgotten me, but I don't know how to deal with my feelings of failure and rejection."

JEREMIAH 29:13 "And ye shall seek me, and find me, when ye shall search for me with all your heart."

**A:** What are you seeking with all your heart? Honestly, are you primarily seeking a solution to your problem, or relationship with Jesus? You must get your eyes off of the problem and focus on the Lord.

JEREMIAH 29:11-12 "For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end. Then shall ye call upon me, and ye shall go and pray unto me, and I will hearken unto you."

**A:** God knows the plan you cannot see, you must have faith in God's ability to be God.

**A:** Jesus is always near to you with his perfect plan for your life, waiting for you to let go of worrying through it on your own.

1 PETER 5:7 "Casting all your care upon Him; for He careeth for you."

**Q:** How do I get back to that place where I can feel God's presence again?"

PROVERBS 3:5 & 6 "Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge Him, and He shall direct thy paths."

**Q:** "I am acknowledging God, but He doesn't acknowledge me. What if I'm just not good enough and I never will be?"

HEBREWS 11:6 "But without faith it is impossible to please Him: for he that cometh to God must believe that he is, and that He is a rewarder of them that diligently seek Him."

**A:** When the Israelites murmured about their misfortune, they showed their lack of faith; they did not receive what they could not believe. Even though God understands your broken heart and has compassion, there is a time for grieving to be over. Rehearsing losses and being bitter about what God has not delivered, is the same error as the Israelites. Choosing bitterness instead of thankfulness only prolongs the wilderness you are going through.

NUMBERS 11:1, 14:27-28 "And when the people complained, it displeased the Lord: and the Lord heard it; and His anger was kindled; and the fire of the Lord burnt among them, and consumed them that were in the uttermost parts of the camp. How long shall I bear with this evil congregation, which murmur against me? I have heard the murmurings of the children of Israel, which they murmur against me. Say unto them, 'As truly as I live,' saith the Lord, 'as ye have spoken in mine ears, so will I do to you.'"

**Q:** "I love God and I didn't realize that my fear and hurt feelings and complaining were unbelief. I don't want to receive what I've said. How do I change?"

MATTHEW 6:33 "But seek ye first the kingdom of God, and His righteousness: and all these things shall be added unto you."

**I have expressed so many dark feelings, what if God will not forgive me?**

1 JOHN 1:5-7 "This then is the message which we have heard of Him, and declare unto you, that God is light, and in Him is no darkness at all. If we say that we have fellowship with Him, and walk in darkness, we lie, and do not the truth: But if we walk in the light, as He is in the light, we have fellowship one with another, and the blood of Jesus Christ His Son cleanseth us from all sin."

**A:** Jesus loves you! If you want sweet fellowship with Him again, then step into the light where Jesus is. You must refuse to let your mind go back to darkness. Jesus lives in your heart to comfort you and carry all that you will release to Him. When you are not able to understand because you are hurting, Jesus understands how you feel.

HEBREWS 4:15 "For we have not an high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted as we are - yet without sin."

**A:** Because God became a man in Jesus Christ, He knows and understands how you feel, in every way. He knows how it feels to be in despair and feel totally forsaken.

MARK 15:34 "And at the ninth hour Jesus cried with a loud voice, saying, Eloi, Eloi, lama sabachthani? which is, being interpreted, My God, my God, why hast thou forsaken me?"

**A:** Has God really forsaken you? Of course not! Jesus is always praying for you; be aware of and be thankful for His presence.

ROMANS 8:26 "Likewise the Spirit also helpeth our infirmities: for we know not what we should pray for as we ought: but the Spirit itself maketh intercession for us with groanings which cannot be uttered."

**HEBREWS 13:5** "...be content with such things as ye have: for He hath said, "**I will never leave thee nor forsake thee.**"

**A:** The Holy Spirit of God lives in you and knows what you do not understand. He wants you to **let Him** to pray through you.

**ISAIAH 53:4** Surely He hath borne our grief's, and carried our sorrows..."

**A:** Jesus wants to carry all of your bottled up hurt and sorrow so He can bless you! If you won't let it go you probably have a tug-of-war going on! But God calls you holy and beloved to Him. So get up and put on His vision of you and let peace rule in your heart because He's got work for you to do!

**COLOSSIANS 3:12,15** "Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering; **and let the peace of God rule in your hearts,** to which also ye are called in one body; **and be ye thankful.**"

**PSALM 22:3** "But Thou art Holy, O Thou that inhabitest the praises of Israel."

**A:** And who is Israel? All who believe are grafted into the vine called the people of God. When you need a special touch from God, find something to praise Him for, and He'll be right there with you because our God lives in the praises of His people!

**PRAYER:** Dear Father God, I ask you to forgive me for doubting You. Thank you for becoming flesh in Jesus Christ, so you can understand my pain. Thank you, for living in my heart through your Spirit, and interceding for me when I cannot find the words. Thank you for carrying this for me and giving me new hope for my future. I do acknowledge you and trust you to work out your plan for my life. Thank you for sweet peace, by the power of your Holy Spirit, **in Jesus name**, Amen.



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