

#121 7 REASONS WHY THE 7TH DAY SABBATH REMAINS FOR US TODAY

1. The Sabbath Day is a holy time dating back to Adam and Eve, when God sanctified the 7th Day as holy from the beginning of His creation; and Jesus, our Creator incarnate, confirmed that the Sabbath was made for man.

Genesis 2:2-3 “And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made. ³And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made.”

God made the nature of the 7th day holy when He sanctified the 7th Day, setting the 7th day apart as a holy day. The 7th Day is not called “a” sabbath so that any ordinary day can be chosen, but God very clearly called the 7th day, “the” Sabbath Day because He made it holy.

Mark 2:27-28 “And he said unto them, The sabbath was made for man, and not man for the sabbath: ²⁸therefore the Son of man is Lord also of the sabbath.”

Jesus confirmed the holiness of the 7th Day Sabbath established at creation, that He is the LORD who made the Sabbath for us, and if we desire eternal life to keep the Commandments.

Matthew 19:16-17 “And, behold, one came and said unto him, Good Master, what good thing shall I do, that I may have eternal life? ¹⁷And he said unto him...if thou wilt enter into life, keep the commandments.”

2. When God gave the 10 Commandments to Moses, the 7th day Sabbath was not a new law, but He said to remember the Sabbath.

Exodus 20:8-11 “Remember the sabbath day, to keep it holy. ⁹Six days shalt thou labour, and do all thy work: ¹⁰but the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, thy manservant, nor thy maidservant, nor thy cattle, nor thy stranger that is within thy gates: ¹¹for in six days the LORD made heaven and earth, the sea, and all that in them is, and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.”

The Israelites were to remember the holy 24 hour period of time, God created for us to enter into rest with Him on His day. The Israelites were in bondage because they did not keep the Commandments of God’s covenant. God told the Israelites that because He had brought them out of Egypt where they could not keep the Sabbath, now therefore, they can return to God, and remember to keep His holy Sabbath day and His laws.

Deuteronomy 5:14-16 “But the seventh day is the sabbath of the LORD thy God: in it thou shalt not do any work, thou, nor thy son, nor thy daughter, nor thy manservant, nor thy maidservant, nor thine ox, nor thine ass, nor any of thy cattle, nor thy stranger that is within thy gates... ¹⁵And remember that thou wast a servant in the land of Egypt, and that the LORD thy God brought thee out thence through a mighty hand and by a stretched out arm: therefore the LORD thy God commanded thee to keep the sabbath day.”

3. Daniel warned that in the last days, if any teach not according to the Law and to the Testimony of God’s Commandments placed in the Ark, we are not to listen to them, and a ruler to come would change God’s times and laws, that will wear out the saints.

Isaiah 8:20 “To the law and to the testimony: if they speak not according to this word, it is because there is no light in them.”

Daniel 7:25 “And he shall speak great words against the most High and shall wear out the saints of the most High, and think to change times and laws...”

Emperor Constantine changed the Sabbath Day from Saturday to Sunday in 320 AD for political reasons to unite the divided kingdom of Romans who worshipped the sun god on Sunday, with Christians who worshipped Jesus Christ on the Sabbath day. Sabbath keeping Christians were ‘worn out’ by torture until they complied or they were killed. Today the saints are ‘worn out’ by the majority who preach Roman doctrine. There is no Bible reference authorizing any change in the Sabbath Commandment. The early church continued to keep the Sabbath Day holy, for more than 300 years after the resurrection.

4. The same 10 Commandment law, is now written in our hearts without any change.

Jeremiah 31:33 “But this shall be the covenant that I will make with the house of Israel; After those days, saith the LORD, I will put my law in their inward parts, and write it in their hearts; and will be their God, and they shall be my people.”

5. Jesus is coming for those who keep the Commandments of God because they love Him. During the time John wrote the book of Revelation, disciples were watching for the Lord's Day when Jesus promised to return to call up His people to begin the 1,000-year Day of the Lord.

Revelation 14:12 "Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus."

Revelation 12:17 "And the dragon was wrath with the woman, and went to make war with the remnant of her seed, which keep the commandments of God, and have the testimony of Jesus Christ."

Revelation 22:14 "Blessed are they that do His commandments, that they may have right to the tree of life, and may enter in through the gates into the city."

6. Jesus said the Sabbath was made for us and in Hebrews tells us that the 7th day Sabbath remains for the people of God today. The Hebrew people did not enter into His rest because their obedience was not coming from their love for Him.

Hebrews 4:1-11 "Let us therefore fear, lest, a promise being left us of entering into His rest, any of you should seem to come short of it. For unto us was the gospel preached, as well as unto them: but the word preached did not profit them, not being mixed with faith in them that heard it. For we which have believed do enter into rest, as He said, As I have sworn in my wrath, if they shall enter

into my rest: although the works were finished from the foundation of the world. For He spake in a certain place of the seventh day on this wise, And God did rest the seventh day from all His works. For if Jesus had given them rest, then would He not afterward have spoken of another day. There remaineth therefore a rest to the people of God...Let us labor therefore to enter into that rest, lest any man fall after the same example of unbelief."

7. We honor God's holy Sabbath Day because we love Him. Jesus said that if we love Him we will keep His commandments as He did, showing us how to keep the Sabbath, not by tedious letter of the law, but with simple loving faith as He intended.

John 15:10 "If ye keep my commandments, ye shall abide in my love; even as I have kept my Father's commandments, and abide in his love."

John 14:15 "(Jesus said) If ye love me, keep my commandments."

PRAYER: Dear Father God, in Jesus Christ you shed your own blood for us once for all, so that we no longer must keep those ordinances of blood that were nailed to the cross, thank you for loving us so much. We pray that we may always remember to enter into your rest with joy on your holy day, **in Jesus name**, Amen.

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UNDERSTANDING THE 7TH DAY SABBATH



Bringing God's Word
For
Life's Questions

This tract series has grown from the weekly Bible study targeting personal life issues faced by God's people through the pages of the Bible and in our lives today, while looking to the power of God's word, that comes alive through His indwelling Holy Spirit to bring truth, lasting change and wholeness to our lives. I pray these tracts will help you to become more effective in your individual life and in opening doors to express and share your faith, that many will come to know our God of grace, mercy, love and redemption through your personal ministry to them.